

Introducing LeadingAge Oklahoma Music for the Ages: A MUSIC & MEMORYSM Program



LeadingAge Oklahoma
Music for the Ages

LeadingAge Oklahoma is proud to offer the powerful benefits of personalized music through a grant from CMS/OSHD for Oklahoma nursing homes to improve quality of life for the elderly.



WHAT IS MUSIC & MEMORYSM?

Grounded in extensive research, Music & MemorySM helps people living with a wide range of cognitive and physical challenges to find renewed joy in life through musical favorites. Your team is trained to develop personalized playlists, delivered through iPods, a key element in the individual's plan of care.



HOW DOES PERSONALIZED MUSIC MAKE A DIFFERENCE?

- Beloved music helps to reduce depression and anxiety and can also moderate pain.
- Musical favorites tap deep memories and can improve quality of life.
- Participants are happier, more social, and receptive to care and family visits.
- It can help reduce reliance on anti-psychotic, anti-depressant, and pain medications.



WHO CAN PARTICIPATE?

- Oklahoma nursing homes interested in improving quality of life for those they serve.
- People with Alzheimer's and other forms of dementia.
- People with chronic pain.

Eligible participating nursing homes will receive a package of services valued over \$5200, including:

- Certification through MUSIC & MEMORYSM with three 90-minute webinars.
- Support provided by MUSIC & MEMORYSM for one year.
- LeadingAge Oklahoma monthly webinars and support throughout the program period.
- 20 iPod Shuffles, headphones, and AC adapters. One external speaker and one splitter.
- One lap top computer for use solely with this program (separate financial eligibility).
- One \$150 iTunes gift card.
- One perpetuity license of *Alive Inside* for in-house use in training staff and families.
- Free registration for two dementia seminars provided by LeadingAge Oklahoma.

Share the Music - Renew a Life

The Healing Powers of Personalized Music

Personalized music has many benefits. Again and again care providers report the Music and Memory program is often life-changing for everyone involved.

Two phases will be offered with the first phase starting August 2016 with implementation through June 2018. Informational webinars will be offered for your team to learn more about this wonderful program.

*Beloved Music can Renew
Lives Lost to Dementia*

Detailed Instructions are provided to assist your team during implementation, including:

Monthly national and state webinar training

Sample documents, press kit, recruitment tools, and iPod donation kit

Resource Guides: Starting a Program, iPod Donation Drive, Creating a Personalized Playlist

Best practices for program implementation including assessment tools, policies, procedures, and lessons

Contact LeadingAge Oklahoma today

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www.LeadngAgeOK.org/music-for-the-ages/

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