

Introducing LeadingAge Oklahoma Music for the Ages: A MUSIC & MEMORYSM Program



LeadingAge Oklahoma
Music for the Ages

LeadingAge Oklahoma is proud to offer the powerful benefits of personalized music through a grant from CMS/OSHD for Oklahoma nursing homes to improve quality of life for the elderly.



WHAT IS MUSIC & MEMORYSM?

Grounded in extensive research, Music & Memory helps people living with a wide range of cognitive and physical challenges to find renewed joy in life through musical favorites. Your team is trained to develop personalized playlists, delivered through iPods, a key element in the individual's plan of care.



HOW DOES PERSONALIZED MUSIC MAKE A DIFFERENCE?

- Beloved music helps to reduce depression and anxiety and can also moderate pain.
- Musical favorites tap deep memories and can improve quality of life.
- Participants are happier, more social, and receptive to care and family visits.
- It can help reduce reliance on anti-psychotic, anti-depressant, and pain medications.



WHO CAN PARTICIPATE?

- Oklahoma nursing homes interested in improving quality of life for those they serve.
- People with Alzheimer's and other forms of dementia.
- People with chronic pain.

Eligible participating nursing homes will receive a package of services valued over \$5200, including:

- Certification through MUSIC & MEMORYSM with three 90-minute webinars.
- Support provided by MUSIC & MEMORYSM for one year.
- LeadingAge Oklahoma monthly webinars and support throughout the program period.
- 20 iPod Shuffles, headphones, and AC adapters. One external speaker and one splitter.
- One lap top computer for use solely with this program (separate financial eligibility).
- One \$150 iTunes gift card.
- One perpetuity license of *Alive Inside* for in-house use in training staff and families.
- Free registration for two dementia seminars provided by LeadingAge Oklahoma.

Share the Music - Renew a Life

The Healing Powers of Personalized Music

Personalized music has many benefits. Again and again care providers report the Music and Memory program is often life-changing for everyone involved.

Phase II begins March 2017, with implementation through June 2018. Informational webinars will be offered for your team to learn more about this wonderful program.

*Beloved Music can Renew
Lives Lost to Dementia*

Detailed Instructions are provided to assist your team during implementation, including:

Monthly national and state webinar training

Sample documents, press kit, recruitment tools, and iPod donation kit

Resource Guides: Starting a Program, iPod Donation Drive, Creating a Personalized Playlist

Best practices for program implementation including assessment tools, policies, procedures, and lessons

Contact LeadingAge Oklahoma today

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www.LeadngAgeOK.org/music-for-the-ages/

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